

# ESSENTIAL PACKING FOR EMERGENCY EVACUATION

## EMERGENCY PREPAREDNESS



MAKE A PLAN



BUILD A KIT



BE INFORMED



**We should all be prepared for disasters!** Make a plan by assessing your individual situation and unique needs. Know the resources available in your community. Preparing for emergencies is especially important for individuals with disabilities who may need to make special arrangements. Below is information that you can use to build your own Disaster Supply Kit, what to do to be prepared, and some resource links to help you along the way.

### Disaster Supply Checklist – (Put together, update annually, and keep in a safe place)

- Water (1 gallon per person per day for 7 days)
- Non-perishable food (per person per day for 7 days)
- Manual can opener
- Flashlight(s) and batteries
- First Aid Kit
- Medicine and medical supplies (at least two week's supply per person)
- Seasonal clothing including shoes
- Service animal and/or pet supplies (food, water, etc.)
- Your Personal Disaster Plan
- Important Documents (keep in a waterproof container)
  - ▶ Medical records and primary care physician contact information
  - ▶ Specifics on any medical devices you use
  - ▶ Service animal ID, proof of ownership
  - ▶ Insurance cards
  - ▶ Bank and credit card numbers
  - ▶ Copies of birth and/or marriage certificate
  - ▶ Set of car, house, and office keys
  - ▶ Important phone numbers (family, friends, caregivers, doctors, veterinarian, pharmacist, banks, schools, an out-of-town contact, transportation provider, and your county emergency management office)

### 6. Important Contacts:

Who	Phone Number
Family member(s)	
Friend(s)	
Doctor(s)	
Caregiver(s)	
Pharmacist(s)	
Veterinarian	
County Emergency Management Office	
Insurance Agent(s)	
Bank(s), School(s), etc	

**Go Kit: Pack your Go Kit to last at least 72 hours. Include:**

- Food/water
- Medicine
- Important documents (see page 1)
- Personal items
- Any needed equipment (including batteries)
- Service animal and/or pet supplies (food, water, proper identification, medical records, carrier, leash, muzzle, medications, food/water bowls)

**Preparedness Checklist**

- Put together your Disaster Supply Kit (for when you stay home)
- Put together your Go Kit (for when you must evacuate)
- Update your Personal Disaster Plan
- Keep your vehicle gas tank full
- Have cash on hand
- Post important phone numbers on your refrigerator and other areas where you live

**Evacuation Planning:** Know the evacuation zones and routes for your county. Only evacuate if necessary. Do you live in an evacuation zone? [floridadisaster.org/knowyourzone](http://floridadisaster.org/knowyourzone)

If you must evacuate, know where you will go (e.g., a relative’s or friend’s house or a hotel outside the impact area)?

**Communication Planning:** Make a contact list of important phone numbers (county emergency management office, doctors, caregivers, banks, schools, veterinarian, etc.) and keep several copies handy. Post it on the refrigerator and keep a copy in your Go Kit and Disaster Supply Kit. Include an out-of-town friend or relative on your list – sometimes those in a non-affected area are easier to contact. Keep your phone charged and have an extra charging cord.

**Resource Links**

Florida’s Division of Emergency Management website [floridadisaster.org/planprepare](http://floridadisaster.org/planprepare): This includes information about preparedness, disability planning, county emergency management agencies, information about evacuation, weather terms, a planning tool to develop a disaster plan, and specific information for people with disabilities.

Florida Department of Health Special Needs Registry website [snr.flhealthresponse.com](http://snr.flhealthresponse.com). Each county health department provides individuals the opportunity to register with their local emergency management agency to receive assistance during a disaster. The statewide registry provides first responders with valuable information to prepare for disasters or other emergencies. Completing the Florida Special Needs Registry does not automatically qualify the individual for a special needs shelter. Additional information will be provided by your local emergency management agency regarding evacuation and sheltering options available to you. For more information on your local options or about sheltering, transportation, and evacuation, please visit your county’s local emergency management website.

APD’s Recovery Toolkit website [apd.myflorida.com/news/toolkit.htm](http://apd.myflorida.com/news/toolkit.htm): This includes resource links to information about disaster preparedness, State and non-profit resources, etc. This site is updated regularly and specifically during major disasters affecting Florida.

Federal Emergency Management Agency websites [ready.gov](http://ready.gov) and [ready.gov/plan](http://ready.gov/plan).

These include additional information about disaster preparedness.

National Weather Service website [weather.gov](http://weather.gov): This includes information on current weather-related hazards.

1. What disasters could affect you?

2. If you had to evacuate, where would you go? List all of your options.

Evacuation Options	Contact #/Address

3. What special foods and/or medicines do you need to have available?

Food (Does it need to be kept cold?)	Medicine(s) (Does it need to be kept cold?)

4. Do you use mobility, adaptive or sensory equipment (e.g., wheelchair, leg braces, headphones etc.)?

Mobility/Adaptive Equipment	Are batteries or electricity needed?

5. If you have to leave your home, do you need:

- \_\_\_\_\_ a. Transportation?  
If yes, who would you call? \_\_\_\_\_ phone #: \_\_\_\_\_
- \_\_\_\_\_ b. Specialized transportation (e.g., lift-equipped van)?  
If yes, who would you call? \_\_\_\_\_ phone #: \_\_\_\_\_
- \_\_\_\_\_ c. Someone to help you?  
If yes, who would you call? \_\_\_\_\_ phone #: \_\_\_\_\_